FMCS | FEDERAL MEDIATION & CONCILIATION SERVICE

Did you know? You can file your "Notice to Mediation Services" (Form F-7) *online!*

IT'S FAST, EASY AND CONVENIENT!

Now that you're on the FMCS website, check out some of the other interesting information!

Visit **Resources**, where you can find helpful links to other FMCS conflict resolution services, documents, and data.

Need Help? Click on **Feedback** or contact the FMCS Office of Notice Processing at 202-606-5111.

Here's how to file online:

- Log on to www.fmcs.gov
- Under **Useful Links**, click on **File a Notice of Bargaining (F-7) Online**
- You are now at the electronic version of the Notice to Mediation Services (F-7) form. Simply fill out the form in its entirely and click on the **Submit to FMCS** button.
- Simply fill out the form in its entirety and click on the Submit F-7 to FMCS button.
- You will receive a confirmation number showing that your form has been submitted successfully, and you can print a copy of your F-7 form.
- Now that you have filed electronically, there is no need to mail a notice. **You're done!**